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A KNIGHT IN LORNE PARK: LINDA PINIZZOTTO



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NEIGHBOURS OF LORNE PARK

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Feedback/Ideas/Submissions:
 Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 1st of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to asilva@bestversionmedia.com.

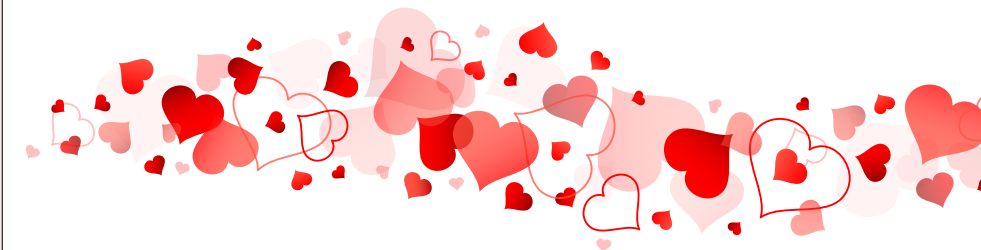
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Content Submission Deadlines:
 Edition Date: Content Due:
 January.....December 1
 February.....January 1
 March.....February 1
 April.....March 1
 May.....April 1
 June.....May 1
 July.....June 1
 August.....July 1
 September.....August 1
 October.....September 1
 November.....October 1
 December.....November 1



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Dear Neighbours,

Get ready to dig into our February edition of *Neighbours of Lorne Park*.

We have a wonderful story befitting this Valentine's issue about a Knight with a heart. Linda is like a chivalrous Knight, helping all in her path.

In past issues, we have published numerous articles that have been generously shared by people in our community and above all, have featured some amazing recipes from many of our talented neighbours.

This month, our own content coordinator, Anastasia, a foodie in her own right, has given us a recipe to savour. She and some of our neighbours have consistently provided all of us with the pleasure of reading and hopefully, trying out, some great recipes. Take a break, try them for yourselves, eat them and don't worry about gaining COVID weight. (LOL).

I am sure you know that recipes found in *Neighbours of Lorne Park* have no calories and even less so, does the one in this Valentine's issue. 😊

I would also like to ask our neighbours to send in some amazing recipes of your own, as well as some pet stories, such as the tale in this issue, about the adorable cat, Panda.

You don't have to be a Knight to be a family feature, although it might seem like a challenge. Write to us if you want to have your family featured in your neighbourhood magazine and don't forget to let us know if your pet would also like to be a star in *Neighbours of Lorne Park*!

Most importantly, have a wonderful Valentine's Day, full of love and appreciation for all whom we love, and a spirit of generosity towards those around us.

Happy Valentine's Day, neighbours!



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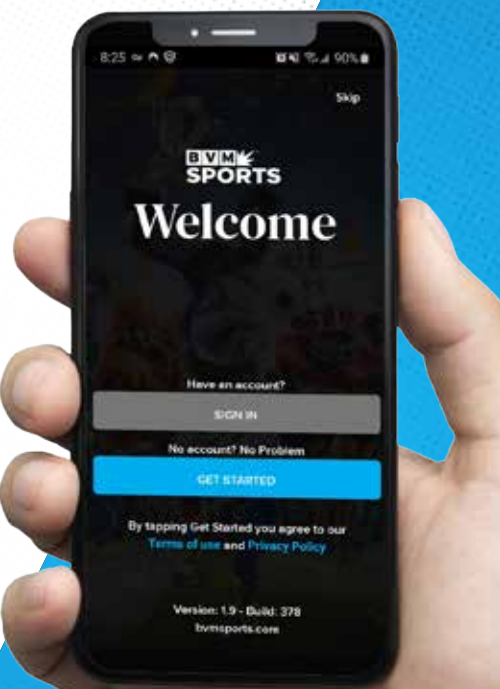

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Developing a Sense of Community

Submitted by Dr. Joanne Foster

About Communities (For Kids and Adults)

A community is a network. Each of us has a 'constellation' of communities comprised of people from different times, places and stages of life. And, every experience is an opportunity to create additional communities.

Communities may evolve from connections that are deeply rooted, or restored, or newly established. They may be predicated on location, interests, commonalities, diversity, proximity or ways of thinking. A family is a community; so is a cohort of children, an orchestra, a workplace, a team, or any combination of thinkers, doers, or collaborators. And, therein lies the heart of community! Because it is the thinking, doing and collaborating that make it pulsate.

No one, no matter how advanced or independent, lives in a vacuum, and everyone, regardless of age, can benefit from supportive others. Here are four perspectives indicating how being part of a community can be advantageous.

Advantages of Community #1. We are stronger together.

"It is precisely when the foundational structure of the self is shaken that we are in the best position to pursue new opportunities in our lives."

~ Scott Barry Kaufman, *Scientific American*, April 20, 2020

The phrase, "We are stronger together" has been repeated countless times during the COVID-19 pandemic. This crisis has shaken families to the core, and people have come to

realize that as a planet, we are one. Our global community continues to valiantly fight a silent viral predator. We are co-reliant with respect to using common sense, strict hygiene measures and intelligence. It's unfortunate that it takes a crisis to drive home the fact that we depend on one another to co-exist safely and to look after each other, too.

#2. Learning to get along is just the beginning...

"This world of ours... must avoid becoming a community of dreadful fear and hate, and be, instead, a proud confederation of mutual trust and respect."

~ Dwight D. Eisenhower

From the earliest days of play groups and music circles, children engage in active listening, communicating and sharing. They develop friendships and over time, they learn about trust, compromise, respect, patience, conflict resolution and empathy. These relationships are budding communities. Sometimes they last for a very long time. In fact, many of my friends have been part of my life since primary school. (You know who you are!)

A community can be like a gift that endures, and also, sustains. It may be fluid or, rock solid. It may extend across oceans, time zones and cyberspace. All good! Being part of a community—especially over the years—can nurture the soul, fortify life skills and be a source of immense pleasure.

#3. A community is a lifeline.

"Community—a good place to learn, play, and work with others; to develop a sense of self;

to volunteer and contribute to the greater good; to make friends; and to acquire lots of neighborhood resources."

~ *ABCs of Raising Smarter Kids*, p. 24

Everyone has areas of strength and weakness. Moreover, no two people are alike. There are diverse ways of learning, across academic and non-academic domains. However, sometimes children lose self-confidence. They may question their abilities or not realize that setbacks and failures are opportunities for growth. A caring community can help show the way. It can inform, boost morale and offer reassurance, coping strategies, comfort and direction.

#4. Technology is a portal.

"We've arranged a civilization in which most crucial elements profoundly depend on science and technology."

~ Carl Sagan

The COVID-19 crisis has been an unprecedented learning curve. A key lesson is that people of all ages have stretched connectivity exponentially through technological means such as Zoom, FaceTime, and so on. Physical travel has dramatically declined, but virtual outreach has exploded. In effect, this means community growth has expanded, as people welcome 'newcomers' from different social milieu, walks of life and age brackets. Even during periods of social distancing and isolation, children and adults find ways to forge friendships and connections. Schooling is more tech-oriented, online



social circles are widening and support systems of all kinds continue to flourish (such as exercise sessions, arts programs, mindfulness instruction, resource sharing and children's play dates). And, every one of these represents another community!

Last Words

"Each community is a complex, interdependent place. Parents who act successfully on behalf of their child know the value of nurturing productive relationships and a climate of trust..."

~ *ABCs of Raising Smarter Kids*, p. 4

There are unlimited learning opportunities to discover in communities near and far. Those who reach out to others and embrace life collectively become enriched through experience. Community involvement enables engagement, strengthens connectivity and offers support, all of which are important for realizing intellectual, creative and social fulfillment—and the promise of ability.

About the Author

Dr. Joanne Foster is a Toronto-based child development expert and a multiple award-winning author. Her most recent book is *ABCs of Raising Smarter Kids: Hundreds of Ways to Inspire Your Child*.



A Knight in Lorne Park: Linda Pinizzotto

By Anastasia V. Silva

Photo by Ivy Cahigas, Fable Studios, Additional photos courtesy of Linda Pinizzotto

"My world is my family," says Linda Pinizzotto on the telephone. Speaking to Dame Linda is quite the experience. With a resumé of accomplishments that are too many to mention in this article, Pinizzotto, though humble, has earned the right to be proud of every one of them.

While family is Linda's first and foremost priority, her passion for helping her community is not far behind. Standing out among the innumerable charitable initiatives, as founder of the non-profit Condo Owners Association (COA), Linda helped represent the needs of thousands across Ontario.

A highly respected real estate agent of more than 40 years, the host of several podcasts has also made numerous TV appearances, as well being a volunteer. "I always adopt people," she says. "I bring people that I meet in business into my family. I like to help people. If there's something I can do, I'll see what I can do."

Linda's life is filled with many exciting moments. One of her most memorable, however, was when she was knighted 'Dame of the Order of St. George.' Bestowed during a ceremony in 2014, the Order recognized Linda "for her contribution to the community and to humanity." Reads the award, "The Order upholds the values of chivalry and being of service to those in need. Members of the Order give their time and resources to the Community, providing leadership and support in many areas."



Family first! (L-R) Linda and Derek with Jason, Marc and Steve, daughters-in-law, granddaughters and pets.



Chevalier Gareth J. Green, who Knighted Linda

Although Linda's professional and philanthropic life keeps her active, she always makes time for what's most important to her - family, friends, clients and community. She recalls countless hours spent attending any one of her three sons, Jason, Marc and Steve's hockey games, as well as making many fond memories with her daughters-in-law, Carol, Andrea and Meaghan, and her lovely grandchildren.

Without a doubt, what keeps Linda grounded is her relationship with her partner Derrick Thomas. "We met 16 years ago and it has been absolute bliss," she says, affirming, "He is my soul mate." Linda caught Derrick's eye while on the dance floor at an unplanned after-work event in Toronto. She recalls, "He had on a classy burnt orange sweater, with writing on the shoulders." After prompting him for what the writing stated, the two shared a laugh. Sure enough, "it was washing instructions, 'Wash and wear,' and 'Do not overheat,' she says with a smile. "It was a huge topic of conversation."

Derrick made several attempts to arrange a date, but the timing was never right. One day, Linda invited him to join her at the Oakville Blades hockey game in Georgetown. Steve, her youngest, was the team captain. Not realizing that the arena had changed names, Derrick got there during the third period, so after the game, they went dancing. One date led to another and three dates in, Linda was Derrick's girlfriend. "It just seemed right," says Pinizzotto. "We've been together ever since."

A former IT manager for a major accounting and financial firm, Derrick embarked on his own technology startup, I.T. Mayday, 10 years ago. Linda forged an entrepreneurial career in real estate and investment, as well as being a member of numerous real estate boards. Her philanthropic outlook of "giving back to the community," continued professional growth, and tight-knit family have resulted in a rewarding, satisfying life.

"Our best memory is of our 18-day cruise through the United Arab Emirates, an unbelievable vacation," she says. Departing from Dubai, she and Derrick sailed to Fujairah, Muscat, Salalah and Yemen. When the couple travelled to the town of Yemen, they witnessed severe destruction, uncommon to their eyes, so quickly returned to the ship. At 9pm, on the cusp of a pool party, the lights went out. Passengers on-deck relayed to Linda and Derrick that, as a further strategy to distract Somali pirates, crewmen blocked the top deck's portholes with plywood and clothed mannequins in naval uniforms fastened with bungee cords. A disbelieving Linda and Derrick went to investigate and, sure enough, discovered mannequins, which they photographed as proof.



Beach wedding! Linda with her sons



Draped in chivalry outside of St. Andrew's Church

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Proud grandma and Haley outside of Lorne Park Public School



A spa day with Haley, Daniella, Shelby and Henley



Superhero family! Linda (right) with Carol, Haley and little Henley

Relieved to leave that part of their trip, the ship sailed to Sharm El-Sheikh's "clear blue waters," through the Suez Canal, on to Athens and then, to the "haunting ancient site" of Pompeii. Upon arriving at the Savona, Italy port, the couple rented a car and drove across the Swiss Alps to visit Jason and wife Carol in Nienburg, Germany, where Linda's eldest son played pro hockey for the Schwenninger Wild Wings.

"My three sons loved hockey and baseball growing up," reflects Linda. Each of the Pinizzotto boys played baseball for the Lorne Park-Clarkson league and excelled to the Ontario Baseball Association (OBA). As passionate about sports as her sons, Pinizzotto hints that Jason, Marc and Steve inherited some skills from mom "having played high levels of basketball, volleyball and baseball" in her youth. Linda was coaching YMCA boys' basketball at 19 and became more involved in sports over the years. "In 1996, I was the OBA-level juvenile boys' convenor for Clarkson Lorne Park Baseball. I organized a 64-team prospect tournament across Ontario that welcomed Blue Jays' scouts to rank the players. Twenty-five years ago, it wasn't common to have a female convenor at the OBA level.

Linda's sons played for the Lorne Park Hockey Association (LPHA) from as early as four years old. As their skills improved, they were soon part of the AAA (the highest level of competition) Greater Toronto Hockey League (GTHL). "Our hockey schedule was so difficult. I was selling real estate and running to 12 arenas a week. When each of my three sons turned 15, they played for the Provincial Jr. A Oakville Blades. From there, Jason was drafted by the Ontario Hockey League's (OHL) Barrie Colts. Marc and Steve, as captains of the Blades, furthered their professional careers. Marc played in Germany, and Steve accepted a Division I scholarship from Rochester Institute of Technology signed with the NHL's Washington Capitals and was later picked up by the Vancouver Canucks and the Edmonton Oilers, relays proud mom. Her three sons have now formed P3 Hockey Academy to help further the careers of aspiring young hockey stars.

While hockey kept the Pinizzotto family occupied, Linda's commitment to community thrived. Since 1996, her volunteerism extended to three levels of government - stakeholders, advocacy and non-profits. In the past 40 years, the numerous distinctions and honours that she achieved went well-beyond her career, also embracing achievements in sports youth programs and non-profits.

As the first female general manager in junior hockey, Linda sponsored and organized the P3 Sports Blue Chip tournament - listed in NHL's master schedule - an opportunity for Ontario draft-eligible Jr. B, Jr. C and Jr. D players to compete in front of OHL and National Collegiate Athletic Association (NCAA) scouts. Linda proclaims, "My first tournament was held in Stoney Creek, the second in Gravenhurst and I brought the third to Mississauga's Port Credit Memorial Arena where Mayor Hazel dropped the puck! It was my way of giving back to the hockey world."

'Family first' and 'Never give up' are guiding principles that motivate Linda on a daily basis. "Dream your dream to succeed with success," she says. "We are a high-level, spirited family, so there is never a dull moment. I truly care about my family, friends, clients and anyone whom I have worked with over the years."

Adding to the high energy in the Pinizzottos' household is the "amazing 5lb. chihuahua, Shelby." "She is so smart, she understands everything we say and she will stare us down to have a conversation," says Linda. "She is spoiled with tons of love and absolutely adorable."

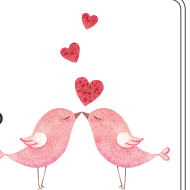
Of the Lorne Park neighbourhood that she loves and has lived in since 1977, says Linda, "I raised my family here and feel so blessed to still be here enjoying every minute of life. She cites the ease of travelling with the highway so nearby, as well as the "beautiful shops of Clarkson Village" and the "beautiful essence of Port Credit," where she is proud to say is the location of her office. "We are blessed with our home, the location and beautiful environment. I can't imagine living anywhere else."



Linda and Derrick in a winter wonderland outside their home

Do you know a neighbour who has a story to share? Nominate your neighbour to be featured in one of our upcoming issues! **Free** to participate in, and we even provide a photo shoot with our professional photographer!

Contact us at asilva@bestversionmedia.com



February 2021 Calendar of Events

List your event here!
Contact Anastasia V. Silva at
asilva@bestversionmedia.com

At the time this magazine went to print, all event times and locations were accurate, but please check event websites for the most current information. Some events may have been postponed or cancelled.

MON., FEBRUARY 1, 8, 15 VISIT PORT CREDIT TOASTMASTERS

@Lorne Park Library
Toastmasters offers individuals a place to develop their communications and leadership skills.
Time: 7-9pm
Cost: FREE
<https://www.mississauga.com/events/9541051-885408-visit-port-credit-toastmasters/>

TUES., FEBRUARY 2 MASONS (TORONTO WEST DISTRICT, RIVER PARK LODGE 356)

@Streetsville Masonic Lodge
Fraternal organization promoting good citizenship and raising funds for charity.
Time: 6:30-10pm
Cost: FREE
www.grandlodge.on.ca
<https://www.mississauga.com/events/8350099-677631-masons-toronto-west-district-rive/>

TUES., FEBRUARY 2 PFLAG MISSISSAUGA @Pflag Mississauga

A volunteer chapter of Pflag Canada providing support, resources and education to parents, families and friends wishing to understand and accept their LGBTQ loved ones in the Peel Halton Region.
Time: 7-8:30pm
Cost: FREE
<https://www.mississauga.com/events/8887245-751941-pflag-mississauga/>

TUES., FEBRUARY 2 MASONS (TORONTO WEST DISTRICT, SOUTH GATE LODGE 674)

@Masonic Lodge
Fraternal organization promoting good citizenship and raising funds for charity.
Time: 7:30-10pm
Cost: FREE
www.grandlodge.on.ca
<https://www.mississauga.com/events/8350109-677711-masons-toronto-west-district-sout/>

THURS., FEBRUARY 4 STORIES BEHIND THE PHOTOGRAPHS - MISSISSAUGA CAMERA CLUB @Zoom Meeting (online)

Mike Grandmaison has come to know the Canadian landscape intimately as few others have which has resulted in a remarkable, award-winning body of work, spanning over 45 years. Mike will share the stories behind some of his favorite images.
Time: 7:30-9:30pm
Cost: \$5 (suggested online donation)
<https://www.mississauga.com/events/10235947--stories-behind-the-photographs-mi/>

WED., FEBRUARY 10 MISSISSAUGA COOKSVILLE LIONS CLUB (43151) @Girl Guides Building

This service club fundraises for local community services as well as international projects.
Time: 7-9pm
Cost: FREE
e-clubhouse.org/sites/cooksville/
<https://www.mississauga.com/events/8349919-677118-mississauga-cooksville-lions-club/>

WED., FEBRUARY 10 CREDIT VALLEY HORTICULTURAL SOCIETY @Arbour Green Room, South Common Community Centre

Horticultural society promotes residential gardening. Meetings include guest speakers, annual bus tours, plant sales, garden tours and flower shows. Member of the Ontario Horticultural Association (OHA).
Time: 8-10pm
Cost: \$15-\$30
www.creditvalleyhort.ca
<https://www.mississauga.com/events/8347394-675594-credit-valley-horticultural-society/>

THURS., FEBRUARY 11 MASONS (TORONTO WEST DISTRICT, MISSISSAUGA LODGE 524) @Masonic Lodge

Fraternal organization promoting good citizenship and raising funds for charity.
Time: 7:30-10pm
Cost: FREE
www.mississaugalodge.com
<https://www.mississauga.com/events/8350016-677438-masons-toronto-west-district-miss/>

FRI., FEBRUARY 12 MASONS (TORONTO WEST DISTRICT, JOSEPH A HEARN LODGE 685) @Masonic Lodge

Fraternal organization promoting good citizenship and raising funds for charity.
Time: 7:30-10pm
Cost: FREE
www.torontomasons.com
<https://www.mississauga.com/events/8350013-677531-masons-toronto-west-district-jose/>

WED., FEBRUARY 17 CREDIT VALLEY SENIORS CLUB @Arbour Green Room, South Common Community Centre

Seniors' social club meets for chair-ercise, line dancing, carpet bowling, shuffleboard, table tennis/bingo, day trips, osteoFit fitness, seniors keep fit, card games (euchre), yoga, Zumba and tai chi.
Time: 1-3pm
Cost: FREE
<https://www.mississauga.com/events/8347420-675761-credit-valley-seniors-club/>

THURS., FEBRUARY 18 BY PATH OR PADDLE - PHOTOGRAPHING THE NATURAL WORLD - MCC

@Zoom Meeting (online)
Peter Baumgarten discusses the challenges and joys of outdoor photography and the compositional strategies he employs "to get the shot." Numerous tips and techniques will be discussed in the area of landscape and wildlife photography.
Time: 7:30-9:30pm
Cost: \$5 (suggested online donation)
www.mississaugacameraclub.ca/mcc
<https://www.mississauga.com/events/10235950--by-path-or-paddle-ndash-photograp/>

THURS., FEBRUARY 25 MISSISSAUGA CREDIT VALLEY LIONS CLUB (14930)

@Port Credit Arena
This service club fundraises for local community services as well as international projects.
Time: 7-9pm
Cost: FREE
www.e-clubhouse.org/sites/mississaugacv
<https://www.toronto.com/events/8349983-677278-mississauga-credit-valley-lions-club-14930/>

THURS., FEBRUARY 25 OSTEOARTHRITIS 101 @Summerville Family Health Team

A one-hour virtual event.
Time: 10-11am
Cost: FREE
www.ummervillefht.com
<https://www.mississauga.com/events/10243027--osteoarthritis-101>

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Mississauga Nature Corner

Submitted by Peeter Poldre

Downy and Hairy woodpeckers are common in Mississauga. Both species love suet cakes on birdfeeders.

Females of both species lack the red patch at the back of the head. A side-by-side comparison shows how much taller and bulkier the Hairy woodpecker is. In addition, the Downy woodpecker has a short bill while the Hairy woodpecker has a longer bill.



All photos courtesy of Peeter Poldre. Peeter has been a South Mississauga resident for four years. He has had a lifelong interest in photography. Professionally, he is a clinical hematologist at Sunnybrook and professor emeritus at the University of Toronto.

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Real Estate For Sale as of
January 1, 2021

Real Estate Listings

CURRENT LISTINGS

ADDRESS	LIST PRICE	ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
1621 Wembury Rd	\$1,479,000	1578 Old Spar Crt	\$2,899,000	1443 Indian Grve	\$4,999,000
1156 Woodeden Dr	\$1,890,000	1283 Mississauga Rd	\$2,999,999	1808 Mississauga Rd	\$4,999,000
2771 Tallberg Crt	\$1,950,000	376 Temagami Cres	\$3,099,000	1212 Clarkson Rd	\$5,250,000
1256 Echo Dr	\$2,199,000	1561 Indian Grve	\$3,199,000	1816 Mississauga Rd	\$5,250,000
1346 Mississauga Rd	\$2,298,800	1029 Lorne Park Rd	\$3,398,800	1800 Mississauga Rd	\$5,499,000
2385 Old Carriage Rd	\$2,388,000	783 Balboa Dr	\$3,830,000	1721 Blythe Rd	\$5,499,850
2377 Old Carriage Rd	\$2,399,880	392 Country Club Cres	\$3,950,000	1624 Watersedge Rd	\$6,200,000
630 Kedleston Way	\$2,499,900	1715 Blythe Rd	\$3,998,000	1060 Indian Rd	\$6,398,000
2062 Beaverbrook Way	\$2,599,900	2208 Doulton Dr	\$4,150,000	900 Mississauga Heights	\$6,499,000
1456 Indian Grve	\$2,750,000	1539 Watersedge Rd	\$4,188,000	1606 Watersedge Rd	\$7,588,000
594 Old Poplar Row	\$2,799,850	1229 Indian Rd	\$4,399,000	1470 Mississauga Rd	\$13,900,000
1357 Whiteoaks Ave	\$2,885,000	1129 Indian Rd	\$4,695,000	2270 Doulton Dr	\$17,000,000

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Kids Talk Mental Wellness with Mississauga Artists

By Rob Aguiar, elementary school teacher and founder of Glimpse into the Life of a Child
Photos courtesy of the artists and Photo of Cat Bernardi by Eric Chan, Limit One Productions

For more than four years, the Glimpse Into the Life of a Child team has been on a journey of change through the empowerment of student voice. Their YouTube channel is a platform of expression and reflection where kids can learn from kids. With each creatively produced Glimpse (video), they add their light to the world in hopes of making the world a better place. This year's batch of Glimpse Kids is called Project Action. Their goal is to change the world one positive action at a time.

Last month, in support of Bell Let's Talk Day 2021, this special group of world changers joined forces with five Mississauga-based artists to talk about mental health. Working within necessary masking and social distance protocols, the Glimpse Kids and their collaborators produced five separate Glimpses which are now available to view on the Glimpse into the Life of a Child YouTube channel.

Alessia Cohle, a Canadian country music singer songwriter, recently released a single entitled, 'All Good.' All proceeds from 'All Good' are being donated to Kids Help Phone. Alessia was interviewed by the Glimpse Kids. They talked about Kids Help Phone, keeping yourself anchored during troubled times, and the message of hope found within her song's lyrics. Alessia then treated the Glimpse Kids and anyone visiting their YouTube Channel to a special performance of 'All Good.'

Jazz vocalist and composer, Cat Bernardi, agreed to help the Glimpse Kids with a cover of a cover of a song that the Glimpse Kids wrote back in 2018. Originally, the song was written in partnership with Mississauga's own Arlene Paculan. The song is a rewrite of Arlene's original song, 'Shine so Bright.' The new lyrics are based on the messages found in Susan Verde's book, 'I Am Peace.' Together with Cat Bernardi, the Glimpse Kids talked about the importance of being present in the here and now, slowing down to be aware of your emotions, and sharing the peace that you find with others. The Glimpse Kids' interview with Cat will surely add some light to your heart.

Staying true to yourself and keeping yourself stabilized was the focus of the Glimpse Kids' interview with the mega talented rock diva VILIVANT. As is often done by their teacher, the chorus of VILIVANT's

song, 'Stabilized,' was presented to the Glimpse Kids as a poem. Rich classroom discussions led to student reflections before they were told the poem was actually a song. They were excited to connect with VILIVANT and were doubly excited when she agreed to perform a rockin' cover of another Glimpse Team rewrite. The song, entitled, 'The Best Version of Me,' was recorded back in 2018 and is based on the message from Susan Verde's book, 'I am Human.' With VILIVANT's help, the Glimpse Kids discussed the idea that we are all a work in progress. We make mistakes along the way and we have the ability to make choices to move forward along our path, together.

After interviewing Beige Shelters's vocalist, Adi Aman, at the start of December, the Glimpse Kids learned of their song, 'Light Your Way.' The song was originally written back in 2017 in support of Bell Let's Talk Day. The Glimpse Kids decided to reflect upon the lyrics, as they fit perfectly into their mental wellness discussions. For the Glimpse Kids, mental health is not only important to discuss during the month of January but should be a topic of open and safe discussion all year round, any day and every day. Their reflections of 'Light Your Way,' shine a light on the importance of talking about your emotions, being a good listener to those in need, lifting each other up, and embracing struggles to accept the lessons learned from them.

The Glimpse Kids reached out to vocalist, songwriter, teacher and sound healer, Jennifer Cortez, to help them reflect upon and learn from the short animated film entitled, 'The Reflection in Me.' Written by Marc Collagiovanni and produced by author, Peter H. Reynolds, this film follows the impactful experience of a child going through the practice of self-love, acceptance, and unconditional love. Positive self affirmations are an important ingredient to good mental health. Jennifer helped the Glimpse Kids by singing their affirmations along with crystal sound bowls to create positive vibration frequencies.

By generously donating their time to work with the Glimpse Kids, these incredible artists helped demonstrate that there really is joy and wonder everywhere when you see the world from the eyes of a child. If you want to learn more about the Glimpse into the Life of a Child journey, please subscribe to their YouTube channel or follow them on Instagram (@glimpseteam).

'cchini (Zucchini) Blinis with Faux Fraiche

By Anastasia V. Silva

Photo by Anastasia V. Silva

Servings: 6

These blinis are a delectable bite for brunch on Valentine's Day or on a quiet weekend. The balance between the understated zucchini, mildness of Havarti or bite of cheddar, with the savoury hint of chives and 'faux fraiche' - a tangy twist on crème fraiche - creates a sensational flavour bomb in your mouth!

INGREDIENTS

FOR BLINIS:

- 1 c. flour
- 1 tsp. sugar
- 1 tsp. salt
- ½ tsp. baking soda
- 1 egg
- ½ - ¾ c. milk
- 1 c. zucchini, grated and strained of excess water
- ½ tsp. salt
- ½ tsp. freshly ground black pepper
- ½ c. butter, or as needed
- 1 c. Havarti cheese, grated
- 1 c. cheddar cheese, grated
- 1 c. chives, diced thinly

FOR FAUX FRAICHE:

- 1 c. mayonnaise
- 1 tsp. grainy mustard
- ½ tsp. oregano
- 2 tsp. fresh lemon juice
- Freshly ground black pepper, to taste

DIRECTIONS

1. In medium-sized bowl, mix together all dry ingredients and spices/herbs, setting aside the grated Havarti, cheddar cheese and chives.
2. To avoid getting the eggshells in the batter, crack the egg into a separate, small dish. Add egg to dry ingredients and combine.
3. Then, add milk and grated zucchini. Mix thoroughly, until the batter forms the consistency of pancake batter (slightly thicker than a cake batter).
4. With frying pan on medium heat, melt 1-2 Tbsp. butter. Using a small-sized ladle, pour 1 ladle full (approximately 2-3 Tbsp.) of batter onto pan to form 2-3" diameter blinis.



5. When edges are golden brown and slightly crisp, flip the blini over onto the other side. Allow to brown slightly before removing. Repeat until batter is finished.
6. In a separate bowl, combine mayonnaise, mustard, oregano, lemon juice and black pepper. Set aside.
7. To serve blinis, alternate between toppings of grated Havarti and cheddar cheese. Re-heat the cheese-topped blinis on very low heat, if melted cheese is desired. Garnish with chopped chives and a dollop or two of sauce.

Project Action Mental Health Awareness with Mississauga Artists

Vilivant

Cat Bernardi

Alessia Cohle

Jennifer Cortez

Adi Aman





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Neighbours of Lorne Park • February 2021 15

The Clarkson BIA: Bringing Our Vibrant Village Together

Submitted by Nadia Richard

If you've ever attended one of the Clarkson BIA's much-loved annual community events - Clarkson Village Live, Halloween in the Village or Christmas in the Village - then you are familiar with the work our local Business Improvement Area does to bring the Clarkson community together.

But, in addition to events, did you know that the BIA also works year-round to promote Clarkson as a place where people love to shop, work and visit? Our local association contributes to the beautification of the village by purchasing and maintaining planters, hanging baskets and the welcome banners seen throughout the village. They also work with the City of Mississauga on repairs and improvements to the area. In addition, the BIA supports its members through the promotion of local products and services on the BIA's social media accounts and website.

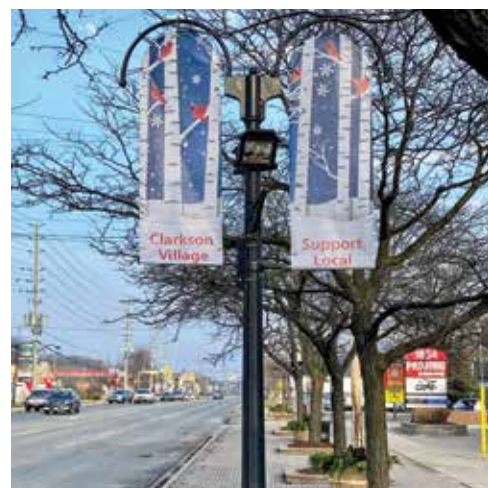
Clarkson's BIA boundary runs along Lakeshore Road West from just east of Southdown Road to Meadow Wood Road. All businesses within this boundary are automatically members of the BIA. These businesses fund the BIA through a levy that is applied to all commercial properties within the boundary. The City

of Mississauga collects the levy and then provides the funds to the BIA to manage.

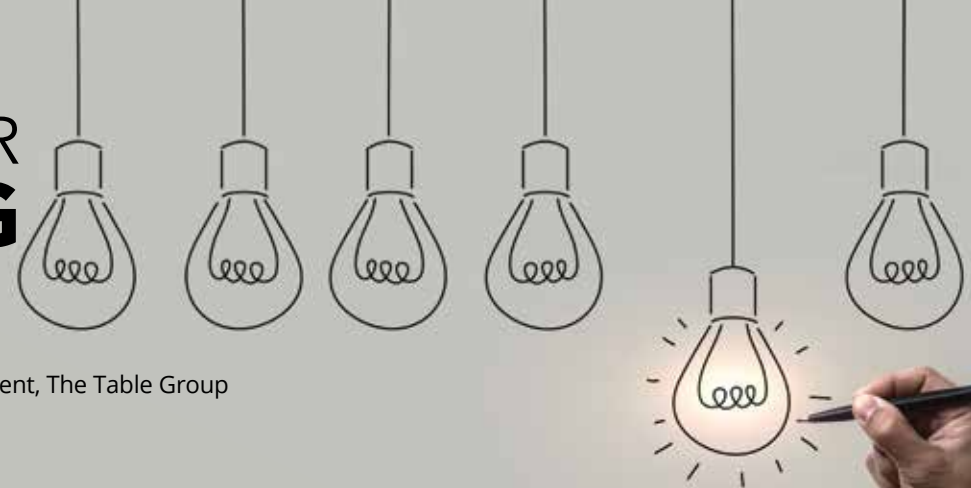
Outside of this boundary, other businesses in Clarkson and Lorne Park are welcome and encouraged to join as associate members. An annual membership drive takes place in March, prior to the BIA's Annual General Meeting.

The BIA's Board of Directors are members of the local business community. The volunteer board is comprised of Jamie Bay, Chair (Clarkson Community Church); Caitlin Howell, Vice-Chair (RE/MAX Realty Enterprises.); Christine Horton, Treasurer, Royal Bank of Canada (RBC); Shannon Pecore, Events (Domino's Pizza); David Barnsdale, Membership (RBC Dominion Securities); Vince Angheloni, Director (Solstice Restaurant & Wine Bar) and Heidi Lobel, Director (Royal LePage). The board also includes an appointed position held by Ward 2 Councillor Karen Ras, and the BIA is supported by part-time staff member Nadia Richard.

To get in touch with the BIA please visit www.clarksonbia.com or email info@clarksonbia.com. Follow us on Facebook, Instagram and/or Twitter.



WHAT IS YOUR WORKING GENIUS?



By Patrick Lencioni, founder and president, The Table Group

When it comes to work, we all have gifts. Natural, God-given talents that give us energy and allow us to contribute to the success of organizations and teams. We are meant to use those gifts, and it is frustrating, sometimes tragic, when we can't. Of course, if we don't know what our gifts are, we can't be sure that we are using them.

Now, in addition to our gifts, we all have limitations—natural areas of deficiency that drain us of our energy and frustrate our ability to contribute to work. Though we can't always avoid those areas, we are meant to minimize the time we have to spend on those tasks, though again, if we don't know what those deficiencies are, we can't minimize them.

The Six Types of Working Genius is a model and an assessment tool that allows anyone—CEOs, schoolteachers, factory supervisors, college students—to identify their gifts and limitations so they can maximize their satisfaction and success in any kind of work they do. In thirty minutes, someone can radically alter their day-to-day job fulfillment or even their career direction.

What a difference that can make in a person's life.

As it turns out, those six types of genius—Wonder, Invention, Discernment, Galvanizing, Enablement and Tenacity—make up the six required activities for any work endeavour.



Patrick Lencioni was named in Fortune magazine as one of the "ten new gurus you should know." His passion for organizations and teams is reflected in his writing, speaking and executive consulting. He is the author of eleven best-selling books.

Whether you're engaged in running a company, a department, a project, or even a family, all six are necessary ingredients for success. No one person can possibly embody them all, which is why teamwork is so important.

Among those six types, everyone has two that we call areas of genius, where we get our joy and energy and have natural ability. We have two that we call areas of frustration, where we get drained of joy and energy and have little natural ability. Then there are two in the middle, areas where we might have some ability, but that are not a source of energy and satisfaction.

Imagine if every company, every organization, every team knew the areas of genius, competency and frustration of their people and organized them for success. Imagine if every parent knew those areas of genius for their spouse and children. It's not an exaggeration to say that there would be more joy and less misery in society. But that has to happen one person at a time and that person might as well be you. What are your areas of genius?



- The Genius of Wonder (W)**
The natural gift of pondering the possibility of greater potential and opportunity in a given situation.
- The Genius of Invention (I)**
The natural gift of creating original and novel ideas and solutions.
- The Genius of Discernment (D)**
The natural gift of intuitively and instinctively evaluating ideas and situations.
- The Genius of Galvanizing (G)**
The natural gift of rallying, inspiring and organizing others to take action.
- The Genius of Enablement (E)**
The natural gift of providing encouragement and assistance for an idea or project.
- The Genius of Tenacity (T)**
The natural gift of pushing projects or tasks to completion to achieve results.

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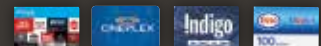
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Meghan - Child Care - Are you looking for an experienced child care provider for children ages 3 and up? Please contact 905-891-1852.

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Jac's Pet Care Services - Hello, I am Jackson. I have been trained to care for dogs through the Dog Guide puppy foster program and have a dachshund puppy of my own. I would be happy to take care of your dog, cat, bird or even horse (I have experience with all of those animals, too!) while you are away. References available. 905-990-1445.

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Pet Corner

Submitted by Kathy Baxter

Purrfect Panda



Panda was born on February 15, 2019. He came to me as a little kitten full of energy and fun. The wonderful staff at Clarkson Village Animal Hospital looked after all his vaccines and microchip and neuter and the poor thing thought that wearing a cone was how life was.

Soon as the cone was off, he was up to all sorts of trouble that a kitten would get into. We played with birds on a stick and lasers. He ran and ran all over the house. Then one day, I turned around and ahhh, I had a Giant Panda. He grew and grew and now he is just so big. I mean, in his head, he is still a baby Panda in a Giant Panda body.

Panda's favourite thing to do is jump into the fridge when mommy is not looking. I mean, what is so exciting about a cold fridge that he likes to jump in there and settle in behind the milk? He soon couldn't fit in there anymore and he seems to like being my assistant, now sitting on my keyboard as I work at home. Such a funny kitty, into all sorts of teenage cat trouble. The funniest thing about Panda, though, is the positions he sleeps in. Who needs Netflix when I have all the entertainment I can get from him? He sure keeps me laughing. Panda and I love being part of the Lorne Park/Clarkson community.

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This 4 bedroom, 8 bath home is situated on an oversized ravine lot. Marble floors throughout, two staircases to the second floor and basement, and a separate entrance to a main floor office. Stunning fully finished basement with a walkout to private backyard with large recently refinished in ground pool and outdoor shower. The list goes on.

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